

The Path of Easy Practice

Gathas by Nagarjuna in Praise of Amida Buddha

Duration: 12 min.

For Mezzo-Soprano, Alto, Flute, and Cello

Richard St. Clair
(2015)

I. Moderato ♩ = 90

Flute

ff

Soprano

Alto

Cello

mp

6

Fl.

6

S

f

The Bud - dha of In-fi-nite Light ____ and wis - dom whose

A

f

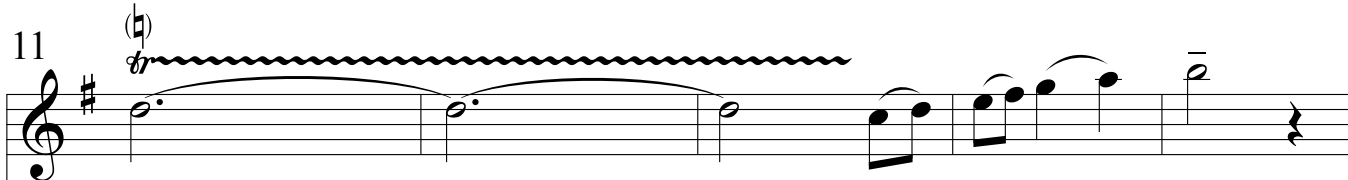
The Bud - dha of In-fi-nite Light ____

6

Vlc.

arco

11

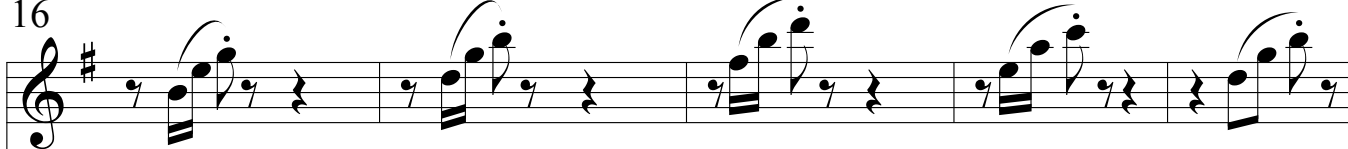
Fl. 

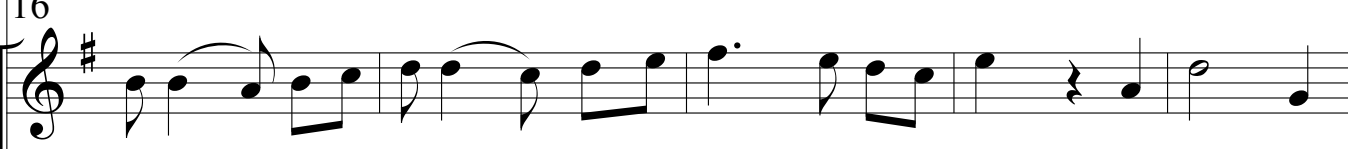
S  bod-y is like a moun - tain of__ gen - ui-ine gold_____ I__

A __ and wis - dom whose bo-dy is like a moun - tain of__ gen - u - ine gold I__

Vlc. 

16

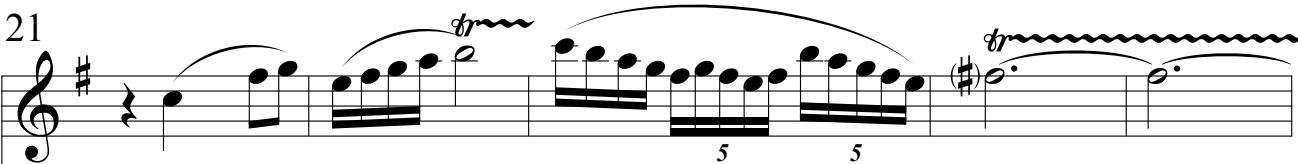
Fl. 

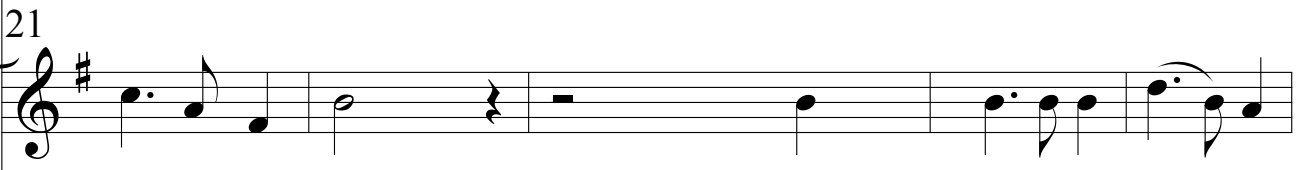
S  wor-ship__ with my bod-y_____ speech and heart by join-ing hands and bow - ing

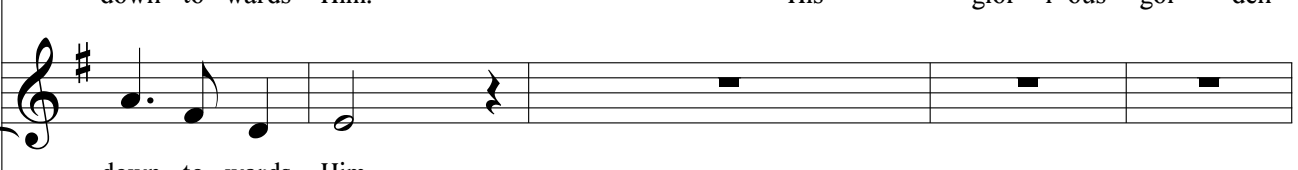
A  wor-ship__ with my bod-y_____ speech and heart by join-ing hands and bow - ing

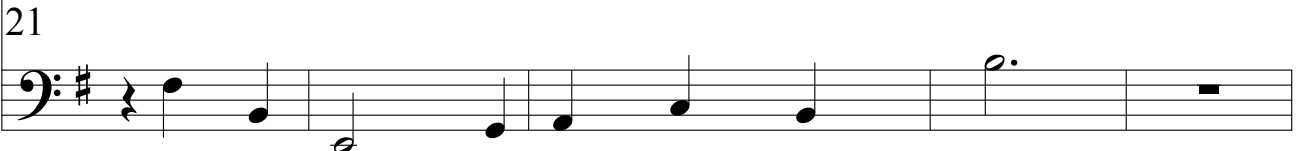
Vlc. 

21

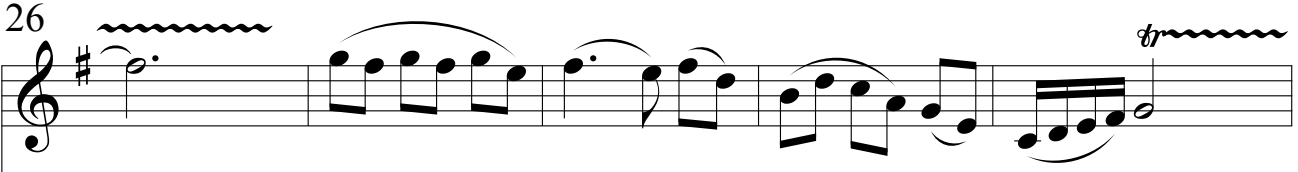
Fl. 

S 

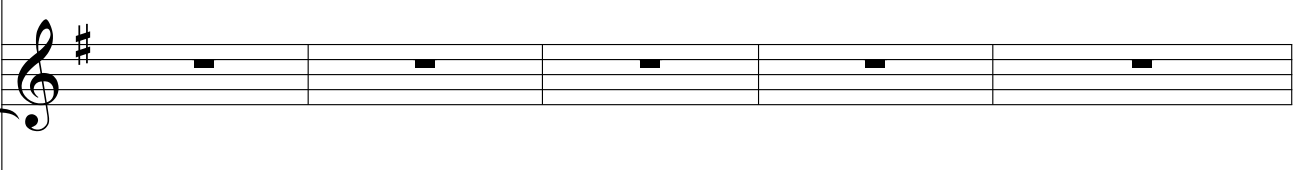
A 

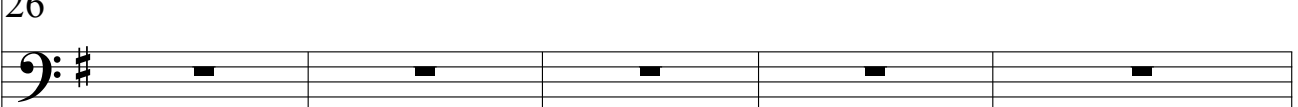
Vlc. 

26

Fl. 

S 

A 

Vlc. 

31

Fl.

31

S

forms in _____ a - cor-dance with _____ the be - ings He _____ saves.

A

31

Vlc.

arco

35

Fl.

35

S

So I bow down and wor - ship Him.

A

So I — bow down and wor - ship Him.

35

Vlc.

40

Fl.

S

A

Vlc.

40

40

40

43

Fl.

S

A

Vlc.

43

43

43

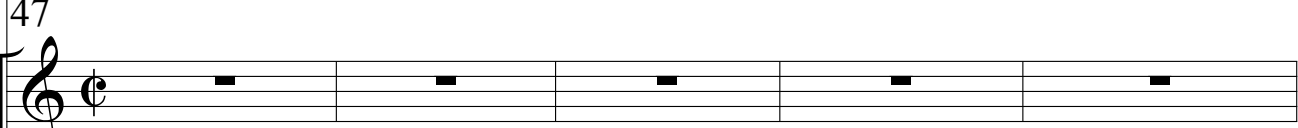
43

rit.

3

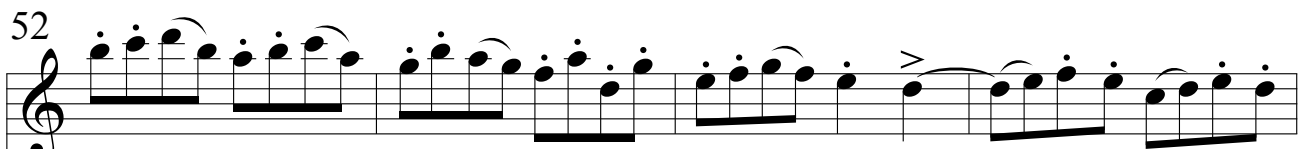
47 **II. Un Poco Con Moto** $\text{♩} = 64$

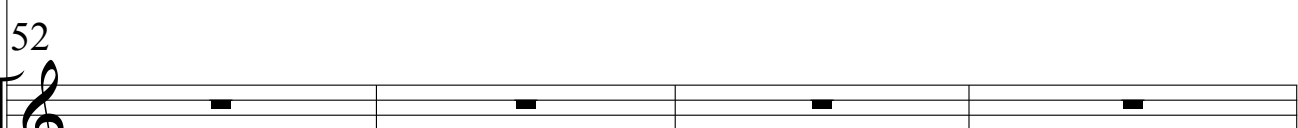
Fl. 

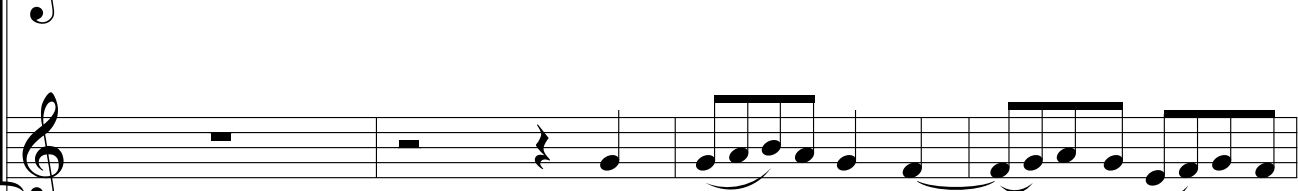
S 

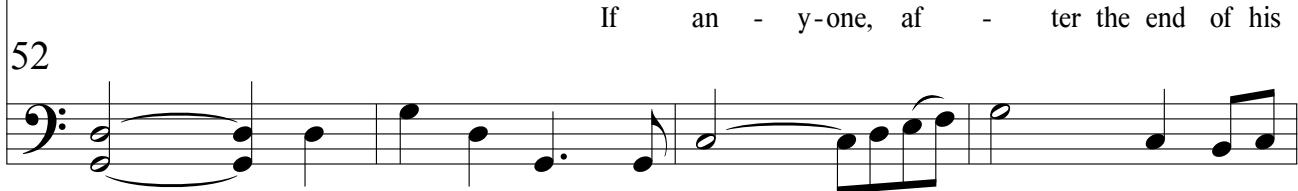
A 

Vlc. 

52 

52 

A 

52 

If an - y-one, af - ter the end of his

56

Fl.

56

S

ob - tains birth in A - mi - da's Land

A

life, ob - tains birth in A - mi - da's Land

56

Vlc.

59

Fl.

59

S

59

A

He will be in - stant - ly en - dowed with im -

59

Vlc.

62

Fl.

62

S

62

A

meas - ur - a - ble mer - it. So I am mind - ful of A - mi - da.

62

Vlc.

So I am mind - ful of A - mi - da.

65

Fl.

65

S

65

A

If

65

Vlc.

If

68

Fl.

68

S

that Bud - dha's in - fi-nite pow - er and

A

an - y-one is mind - ful of — that Bud - dha's in - fi-nite pow - er and

68

Vlc.

72

Fl.

72

S

mer - it he will in-stant-ly — en - ter the Stage of As - sur-ance.

A

mer - it he will in-stant-ly en - ter the Stage of A - sur - ance.

72

Vlc.

76

Fl.

76

S

So I am al - ways mind - ful of A - mi - da.

A

So I am al - ways mind - ful of A - mi - da.

76

Vlc.

80

Fl.

80

S

If _____ an - y - one is born in that Land,

A

he will ne - ver a -

80

Vlc.

83

Fl.

83

S

in - to the three e - vil realms or the realm of a - sur - as,

A

gain _____ fall in - to the three e - vil realms or the realm of a - sur - as,

83

Vlc.

86

Fl.

86

S

So I now take

A

So I now take

86

Vlc.

89

Fl.

89

S

re - fuge in Him and wor - - - ship

A

re - fuge in Him and wor - - - ship

Vlc.

92

Fl.

rit.

92

S

Him.

A

Him.

rit.

Vlc.

95

Fl.

S

A

Vlc.

Hu - man and hea - ven-ly be-ings in His

Hu - mand and hea - ven-ly

100

Fl.

S

A

Vlc.

Land are all a - like in phy-si-cal ap - pear - ance,

be-ings in His Land are all a - like in phy-si-cal ap -

105

Fl.

S

A

Vlc.

each as glo - ri - ous as a gol - den

pear - ance, each as glo - ri - ous as a gol - den

109

Fl.

S

A

Vlc.

moun - tain. He is the re - fuge for all su - per - ior

moun - tain. He is the re - fuge for all su - per - ior

113

Fl.

S

A

Vlc.

be - ings. So I pros - trate my self and wor -

be - ings. So I pros-trate my - self and wor -

117

Fl.

S

A

Vlc.

- - - - - ship Him.

- - - - - ship Him.

121

Fl.

S

A

Vlc.

125

Fl.

S

A

Vlc.

Those born in His Land are en-dowed with the di-

129

Fl.

S

A

Vlc.

that no-thing in the ten — di - rec - tions can hin - der.

vine eye and ear

132

Fl.

S

A

Vlc.

So — I bow down to the Most Ho-ly One of All Sa - ges, to the

So — I bow down to the Most Ho-ly One of All Sa - ges, to the

136

Fl.

136

S

Most — Ho - ly One — of all Sa - ges, of — all — Sa - ges.

A

136

Vlc.

140

Fl.

140

S

140

A

140

Vlc.

III. Andante ♩ = 90

144

Fl.

144

S

All the sen - tient be - ings of His

A

All the sen - tient

144

Vlc.

147

Fl.

147

S

Land _____ have _____ a gen - tle na - ture, and spon - tan - e -

A

be - ings of His Land _____ have _____ a gent - tle na - ture and spon -

147

Vlc.

150

Fl.

S

A

Vlc.

ous - ly per - form the ten good deeds. So I

tan - e - ous - ly per - form the ten good deeds. So I

153

Fl.

S

A

Vlc.

bow down to the King of Sa - ges. They

bow down to the King of Sa - ges. They

156

Fl.

S

A

Vlc.

shine — bright-ly and pure-ly through per - form - ing — good —

shine — bright - ly and pure-ly through per - form - ing — good —

159

Fl.

S

A

Vlc.

deeds; their num - ber is in - fi - nite and in - cal - cu - la - ble.

deeds; their num - ber is in - fi - nite and in - cal - cu - la - ble.

162

Fl.

S

A

Vlc.

They are the most dis-ting - uished of all hu - mans. So

They are the most dis-ting - uished of all hu - mans. So

164

Fl.

S

A

Vlc.

I ____ take re - - - -

I ____ take re - - - -

167 *rit.*

Fl.

167 *rit.*

S

fuge in Him, in Him.

A

fuge in Him, in Him.

Vlc.

167

V. Poco Allegretto ♩ = 104

170

Fl.

170

S

If an - y-one as - pi - ring

A

If an - y-one as - pi - ring

Vlc.

170

174

Fl.

S

A

Vlc.

to be - come ___ a Bud - dha con - tem - plates A mi -

to be - come ___ a Bud - dha con - tem - plates A - mi -

177

Fl.

S

A

Vlc.

- da ___ in ___ his heart, A - mi - da ___ will in - stant - ly

- da ___ in his heart, A - mi - da ___ will in - stant - ly ___

180

Fl.

180

S

man - i - fest Him - self be - fore — him. —

A

man - i - fest Him - self be - fore — him. —

180

Vlc.

182

Fl.

182

S

By the pow - er of the Bud - dha's Pri - mal Vow

A

Be the pow - er of the Bud - dha's Pri - mal Vow

182

Vlc.

185

Fl.

S

A

Vlc.

bod - hi - satt - vas of the ten _____ di-rec - tions come to make of-fer-ing to

bod-hi - ³ - satt - vas of the ten _____ di-rec - tions come to make of-fer-ing to

188

Fl.

S

A

Vlc.

Him and hear _____ the Dhar - ma.

Him _____ and hear _____ the Dhar - ma.

191

Fl.

191

S

So I bow — down — to Him, to

A

So I bow — down to Him, to

Vlc.

3

194

Fl.

194

S

Him, — to Him.

A

Him, — to Him.

Vlc.

194

198 **Allegretto** $\text{♩} = 54$

Fl.

S

A

Vlc.

202

S

A

Vlc.

205

Fl.

S

A

Vlc.

see, and they will see, will see — the Bud -

see, and they will see, will see — the Bud -

arco

208

Fl.

S

A

Vlc.

- - dha. _____

- - dha. _____

VI. Moderato $\text{♩} = 54$

213

Fl.

S

A

Vlc.

The pre - sent Bud - dhas of the ten__ di -

The pre - sent Bud - dhas of the ten__ di -

216

Fl.

S

A

Vlc.

rec - tions praise this Bud - dha's mer - it in__

rec - tions praise this Bud - dha's mer - it in__

219

Fl.

S

A

Vlc.

var - i - ous _____ ways. _____ So I now take re - fuge

var - i - ous _____ ways. _____ So I now _____ take re - fuge

222

Fl.

S

A

Vlc.

in Him and wor - - - ship

in _____ Him and _____ wor - - - ship -

224

Fl.

S

A

Vlc.

Him. _____ His Land is a - dorned _____

Him. - - - His - Land is a - dorned

226

Fl.

S

A

Vlc.

ev - ery - where _____ and is su - per - i - or _____ to the hea -

ev - ery - where and is su - per - i - or _____ to the hea -

228

Fl.

228

S

ven - ly — pal - a - ces; His mer - it is ex -

A

ven - ly — pal - a - ces; His mer - it is ex -

228

Vlc.

pizz.

231

Fl.

231

S

ceed - ing - ly — vast and deep.

A

ceed - ing - ly — vast and deep.

231

Vlc.

234

Fl.

234

S

So I kneel _____ at the Bud - dha's

A

So _____ I kneel _____ at _____ the Bud - dha's

234

Vlc.

arco

238

Fl.

238

S

feet. _____

A

feet. _____

238

Vlc.

VII. Tempo Giusto ♩ = 120

243

Fl. *f*

243

S

The Bud - dha's ser - mons des - troy the roots — of

A

243

Vlc. *pizz.* *f*

248

Fl.

248

S

e - vil; they are beau - ti - ful - ly word - ed and bring

A

they are beau - ti - ful - ly word - ed and bring

248

Vlc.

252

Fl.

mp

252

S

great ben - e - fit. So I bow ____ down ____ and

A

great ben - e - fit. So I bow ____ down ____ and

252

Vlc.

mp

256

Fl.

Gently $\text{♩} = 54$

mf

256

S

wor - ship Him. ____

A

wor - ship Him. ____

256

Vlc.

arco

259

Fl.

S

A

Vlc.

262

Fl.

S

A

Vlc.

He is the most hon-oured of all _____ hu - man and hea - ven-ly

265

Fl.

265

S

be - ings.

A

All gods kneel down and

Vlc.

268

Fl.

268

S

with their

A

wor - ship Him with their

Vlc.

270

Fl.

270

S

crowns made of sev - en trea - sures

A

crowns made of sev - en trea - sures

270

Vlc.

272

Fl.

272

S

touch - ing His feet. So I take re - fuge in

A

touch - ing His feet. So I take re - fuge in

272

Vlc.

275

Fl.

S

A

Vlc.

Him. _____

Him. _____

279

Fl.

S

A

Vlc.

All wise ___ and ho - ly sa - ges

All wise ___ and ho - ly sa - ges

282

Fl.

S

A

Vlc.

and mul-ti-tudes of hu-man and hea-ven-ly

and mul-ti-tudes of hu-man and hea-ven-ly

285

Fl.

S

A

Vlc.

be - ings take re - fuge in Him. So I, too,

be - ings take re - fuge in Him. So I, too,

288

Fl.

288

S

wor - ship Him.

A

wor - ship Him.

Vlc.

288

pizz.

arco

291

Fl.

291

S

Board-ing the Boat of Eight - fold No - ble

A

Board - ing the Boat of Eight - fold No - ble Teach-ing, He

Vlc.

291

294

Fl.

S

A

Vlc.

Teach - ing, He fer - ries peo - ple o - ver the

fer - ries peo - ple o - ver the sea that is

296

Fl.

S

A

Vlc.

sea that is dif - fi - cult — to cross; He has crossed it Him -

dif - fi - cult to cross; — He has crossed it Him -

299

Fl.

299

S

self and now car-ries o - thers a - cross. So I

A

self and now car-ries o - thers a - cross. So I

299

Vlc.

302

Fl.

302

S

wor-ship the One who pos - ses - ses — un - re - stric - ted pow -

A

wor-ship the One who pos - ses - ses — un - re - stric - ted pow -

302

Vlc.

305

Fl.

305

S

er.

A

er.

Vlc.

307

Fl.

307

S

A

307

Vlc.

309

Fl.

S.

A.

Vlc.

Ev - er, e - ven if all the Bud - dhas,

312

Fl.

S.

A.

Vlc.

e - ven if all the Bud - dhas praised His mer - it for in -

315

Fl.

S

A

Vlc.

num - er - a - ble kal - pas, they _____ could not ful - ly hon - or

num - er - a - ble kal - pas, they _____ could not ful - ly hon - or

318

Fl.

S

A

Vlc.

it. So I take re - fuge in the Pure Per - son,

it. So I take re - fuge in the Pure Per - son,

pizz. arco

322

Fl.

322

S

so I take re - - -

A

so I take re - - -

Vlc.

325

Fl.

325

S

fuge, re - fuge in the Pure — Per - son, re - fuge in the

A

fuge, re - fuge in the Pure — Per - son, re - fuge in the

Vlc.

Fl. 329 *rit.* -----

S 329

A 329

Vlc. 329 *rit.* -----

Pure _____ Per - - - son. _____

Pure _____ Per - - - son. _____

Fl. 333

S 333

A 333

Vlc. 333